



SPC BENARD KETER

SPORT

Track & Field

COLLEGE

Texas Tech University

EVENT

3000m Steeplechase

JOINED ARMY

May 2016

HOMETOWN

Nakuru, Kenya

BRANCH

Active Duty

HIGH SCHOOL

Tengecha Boys High School

MOS

92Y, Unit Supply Specialist

In 2010, SPC Keter graduated high school, and wanted to do something that would change his life, and his family's. He found quick success with running, and came to the US on scholarship. Having watched his brother run in the Olympics, Keter chose to specialize in steeplechase, a race he says "is not just a physical event, but more of a mental event." He ran for Wayland Baptist University and later Texas Tech University – and now pursues hopes for Olympic greatness through WCAP.

"Being a Soldier-athlete means everything to me. It gives me an opportunity to perform at my best on the track and in uniform."

CAREER HIGHLIGHTS

2023 U.S. World Championships Team Member (Steeplechase)
2022 U.S. World Championships Team Member (Steeplechase)
2021 U.S. Olympic Team Member (Steeplechase)

2023

U.S. World Championships Team Member (Steeplechase)
2nd Place - USATF Outdoor Championships, Eugene, OR (3,000m Steeplechase)

2022

U.S. World Championships Team Member (Steeplechase)
2nd place. Portland Track Festival. Portland. OR (3,000m Steeplechase)
3rd place • USATF Clutdoor National Championships, Eugene, OR (3.000m Steeplechase)

2021

U.S. Olympic Games Team Member
2nd place. Portland Track Festival Portland. OR (3,000m Steeplechase)
2nd place- USATF Olympic Trials. Eugene. OR (3,000m Steeplechase)

2019

1st place • Portland Track Festival Portland. OR (3,0fil0m Steeplechase)
4th place• Pan American Games, Lima. Peru (3.000m Steeplechase)
2nd place• Army Teo-Miler. Washington, DC

SPC BENARD KETER**HIGHLIGHTS CONTINUED:****2019**

1st place • Portland Track Festival Portland, OR (3,000m Steeplechase)

4th place • Pan American Games, Lima, Peru (3,000m Steeplechase)

2nd place • Army Teo-Miler, Washington, DC